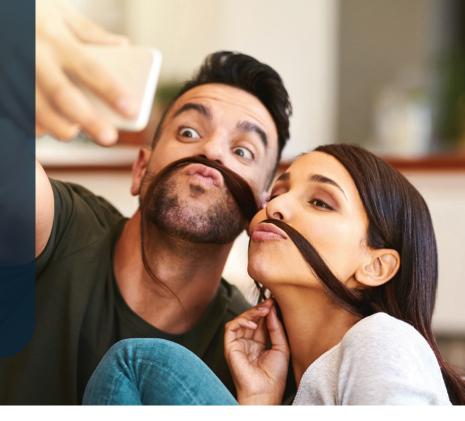


# **DIGITAL TOOLS**

**Access Your Health** Plan Benefits Anywhere



Simplicity,

Visit tuftshealthplan.com/DigitalTools

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or ask your employer

**Security & Savings** 



## **Member Portal + Mobile App**

Login or activate your secure online account at mytuftshealthplan.com OR download the "Tufts Health Plan" mobile app to access all of your health plan benefits information.







#### Telehealth Virtual Health Care

Set up your account at tuftshealthplan.com/teladoc Access a U.S. based, board-certified doctors 24/7, by phone or mobile app worldwide for everyday care, behavioral health and dermatology services.



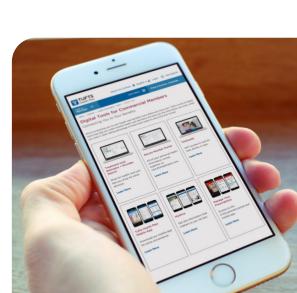
### **Treatment Cost Estimator + Provider Search**

Login to your secure account to find a doctor, estimate your out of pocket costs, and get the quality care from the provider that will save you money and fits into your budget.



#### **MyRewards**

Sign up for MyRewards when you shop for services like mammograms and MRIs, and earn up to \$100 per each service.\*



# **MyWire**

Text "THP" to 73529 to enroll, and stay informed with secure, personalized text messages.



